Art Therapy Cancer Support Group





Date: On the 2nd & 4th Tuesday of the month,

Time: 3:30 p.m. – 5:00 p.m.

Place: Family & Children's Aid, 30 Holmes Ave., Waterbury,

CT 06708

Facilitator: Debbie Mendez ATR-P, LPC-A

Open to anyone on their cancer journey, this support group will utilize the art making process helping to bring thoughts and emotions into the conscious mind. Modalities include but are not limited to painting, drawing, sculpting, mixed media, and more. Art therapy is beneficial for all ages and does not require any previous art experience. We hope you can join us for support and to connect with others with a shared cancer experience.

To Register: Email: <u>clientservices@annsplace.org</u> or call

203-790-6568 x109

Support Group made possible through generous funds from:

